

# 2009 HONOUR YOUR HEALTH CHALLENGE

POSTER/ROLE MODEL

## CALL FOR NOMINATIONS

WE ARE LOOKING FOR ABORIGINAL ROLE MODELS/LEADERS FROM YOUR COMMUNITY TO FEATURE IN OUR 2009 HONOUR YOUR HEALTH CHALLENGE PROMOTIONAL POSTERS AND MATERIALS!!



### Individuals Meeting ALL of the Following Criteria are Eligible for Nomination:

1. Nominees must have been actively involved (either as participant or volunteer) in local Honour Your Health Challenge activities that promote active, healthy and strong lifestyles, free from tobacco misuse:
2. Nominees must be 16 years of age or older; and
3. Nominees will have maintained a healthy lifestyle (physical, mental, spiritual emotional), free from tobacco misuse or other addictions for at least six months as of March 2008 (nominations of life-time or long-time healthy role models are welcome!).

### Who Can Submit a Nomination?

Each Honour Your Health Challenge community coordinator can submit a nomination.

### All nominations must include the following:

- Name, Aboriginal Ancestry, and Age of Nominee
- A brief written biography of the individual, including a description of his/her successes and challenges in living a life free from tobacco misuse
- A photograph of Nominee

**Each community/organization participating in the 2009 Honour Your Health Challenge can submit up to three nominations. Completed nominations, including write-up and photograph, must be submitted by  
October 10, 2008**

**To: Denise Lecoy, Provincial Coordinator – Honour Your Health Challenge  
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